

Session 1 Friday, May 12, 2023

6:30pm Let's Eat!

7pm Let's Get Started!

8pm Wrap-up and group fellowship

From Family Life:

To kick things off, you'll need about 15 minutes to take our assessment as individuals.

Culture at large feeds us a line about what great love looks like. So it can be tough to know how to start loving better, responding to your spouse as God's love would. Curious about areas of love where you're winning—and which could use work? This assessment can help you hone in which of your strengths help your relationship sing, and which could use a tune-up.

Though we definitely encourage you to share your results with your spouse, **not all couples will be ready for this.** If you're not ready to share everything just yet, perhaps share something that interests you or something you'd love your spouse to understand. **But don't just unload your frustration**.

Based on your responses, we'll provide targeted recommendations to help you love your spouse the way God loves us—and love like you mean it.

Taking The Assessment

- If you'd prefer to keep your answers confidential from your spouse for now, use the coupon issued with your course purchase to create and use a separate login from your spouse.
- If you don't need confidential answers, your spouse can take the assessment directly after you using the "Restart Quiz" button.
- You can skip any question. None are required. (If you choose to skip a question, your results will be negatively affected and may not accurately show where you are at; just keep that in mind!) Go as deeply as you want to, or cover just the basics.
- You may opt-out of the assessment at any point by clicking to the final page and selecting "FINISH." This allows you to avoid emotionally tough questions while still getting an adequate report.
- Using the "Save Results as PDF" button at the bottom of your results, be sure to save your results to your device if you hope to review them later. Out of value for your privacy (!), we don't save your responses.

- Do you have a love song together, maybe a favorite from your dating years or your wedding?
- Glance at the word cloud and choose a phrase that interests you.

Right here in session one, we learn how to keep love singing past the jingles (and the tingles).

Discussion Questions:

How has your love for each other changed since early in your relationship?

Read the passage and insert your name every time you see the word "love" or its pronoun "it."

1 Corinthians 13:4-8 -

"Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never ends."

Which phrase made you pause? Which one does your spouse best demonstrate?

In the video, Bob says we didn't vow to feel a certain way, but choose to act a certain way over a lifetime. How does this shift your mindset?

One couple in the video says, "you can dislike somebody and love them at the same time." Can you relate to that? Explain your answer.

This Month's Challenge:

Build a playlist of songs from when you were dating. Then take a relaxed drive or time alone... and listen to your songs again. Reminisce a little about how your love started and how it has matured since you first met.

Ask each other:

"What simple things would move our relationship to the next level for you?"

Then go above and beyond in doing those things this week ©